



**Sure Start
Children's Centres**
Blith Valley

The Family ASD Group

The Family ASD Group is a session offering children, who are on the autistic spectrum and their whole family a friendly, fun and supportive group. You are welcome to come along even if your child is at school and get some information which may make your journey easier.



Activities available in the sessions include; family activities using early years framework to help your child's development plus a time for parents to go off for a coffee and have peer support time together sharing ideas and supporting each other

**Sessions will run the first Wednesday of every month
(Term time only)**

**12.45pm - 2.45pm at Cramlington West Children's Centre,
Langdale Drive, Cramlington NE23 8EH**

**Transport and crèche are available and the
Sessions are free of charge.**

**For more information on this session please contact
Gemma on 01670 710080**

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