

Nappy sacks and plastic bags are handy for disposing of used nappies, but they pose a potential suffocation and choking hazard to babies and young children.



This leaflet contains **information and advice** to help you use these items safely.

Further support and information

The Nappy Sack Safety Campaign is supported by the following organisations.

Child Accident Prevention Trust

www.capt.org.uk Tel: 020 7608 3828

The Royal Society for the Prevention of Accidents

www.rosipa.com/childsafety

Tel: 0121 248 2000

Children in Wales

www.childreninwales.org.uk

Tel: 02920 342434



Babies can suffocate on nappy sacks



Keeping your baby safe

Help and advice for parents and carers of young children

Nappy sacks can kill - at least 14 babies in England and Wales have already died

Making some simple changes can make a big difference to your children's safety and prevent any more babies from needlessly dying.

To avoid danger of suffocation and choking:

Do:

Always keep nappy sacks and other plastic bags and wrapping away from babies and young children.

Buy them in a roll if possible.

Don't:

Never place nappy sacks in a baby's cot or pram.

Why do nappy sacks pose a suffocation hazard to babies?

- Babies can suffocate or choke on nappy sacks.
- Young babies naturally grasp anything and put it in their mouths, but they find it more difficult to let go.
- Nappy sacks are flimsy and are small enough to fit in little mouths.

